

VACCINATION GUIDE

for PEOPLE with KIDNEY DISEASE



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If you are a dialysis or a kidney transplant patient, there are certain vaccinations (most which are given in shot form) that you need in order to live a healthier life. Some diseases can make you very ill and, in some cases, result in death. Examples of these diseases are listed below. Not only can vaccinations protect you, but in some cases protect those that you come in contact with such as the elderly and small children. The cost is different for each type of vaccine. In many cases, the cost will be covered under your insurance policy. Vaccinations for the flu and pneumococcal are paid by Medicare Part B.

Below is a list of vaccinations recommended for dialysis and kidney transplant patients. Talk to your doctor about which vaccinations are best for you. Use the list below to help you when you talk to your doctor about vaccinations. The length of time each vaccine last is different. Some vaccines are good for life, while others have to be repeated yearly. Vaccinations can be given at your doctor's office, dialysis/transplant center, or your local public health department.

RECOMMENDED VACCINATION FOR ADULTS ON DIALYSIS OR WITH A KIDNEY TRANSPLANT

VACCINE	PATIENT WITH A TRANSPLANT	PATIENT ON DIALYSIS
Flu (seasonal and/or to avoid getting the flu or spreading it to others)	Recommended	Recommended
H1N1 (also known as the Swine Flu)	Speak to your doctor to see if you need this vaccine	Recommended
Pneumococcal (also known as pneumonia)	Recommended	Recommended
Tetanus-diphtheria-pertussis Whooping Cough	Do not use	Use if needed
Hepatitis A	Speak to your doctor to see if you need this vaccine	Speak to your doctor to see if you need this vaccine
Hepatitis B	Use if needed	Recommended
Measles-Mumps-Rubella (also known as MMR)	Do not use	Use if needed
Chickenpox	Do not use	Recommended
Meningococcal (meningitis)	Use if needed	Use if needed
Shingles (for adults over 60 and who have not had the shingles vaccination)	Do not use	Speak to your doctor to see if you need this vaccine
Hemophilus influenza B	Recommended	Use if needed